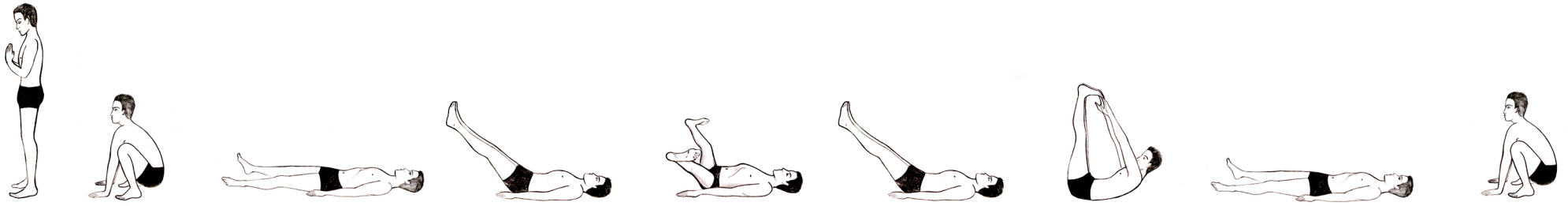


PRITHVI NAMASKAR



Every position is hold during chanting mantras: OM PRITHIVYAAE NAMAHA OM BHOODEVIYAAE NAMAHA
OM PRITHIVYAAE NAMAHA OM BHOODEVIYAAE NAMAHA